Acute Pain:  □ NO ACUTE PAIN

Chronic Pain:  □ NO CHRONIC PAIN

LOCATION:  

PAIN SCORE:  SCALE USED:  

COMFORT GOAL:  

QUALITY (Patient's Own Words):  

ONSET:  PATTERN:  

AGGRAVATING FACTORS:  

ALLEVIATING FACTORS:  

PATIENT'S PLANS FOR LABOR PAIN MANAGEMENT:  IMPACT / Functional Ability:  

LABOR PAIN MGMNT HISTORY / Helpful  

LABOR PAIN MGMNT HISTORY / Not Helpful  

PAIN SCALES:  

A. WONG-BAKER:  

( Faces )  

B. 0-10 VISUAL:  

( Numeric )  

C. VERBAL:  

D. NON-COGNITIVE:  

( Use FLACC Scale )  

SEDATION SCALE:  

S = NORMAL SLEEP, EASY TO AROUSE, ORIENTED WHEN AWAKENED, APPROPRIATE COGNITIVE BEHAVIOR  

1 = WIDE Awake - ALERT (OR AT BASELINE), ORIENTED, INITIATES CONVERSATION  

2 = DROWSY, EASY TO AROUSE, BUT ORIENTED AND DEMONSTRATES APPROPRIATE COGNITIVE BEHAVIOR WHEN AWAKE  

3 = DROWSY, SOMEWHAT DIFFICULT TO AROUSE, BUT ORIENTED WHEN AWAKE  

4 = DIFFICULT TO AROUSE, CONFUSED, NOT ORIENTED  

5 = UNAROUSABLE  

INTERVENTION:  

1 = DISCUSS PAIN MANAGEMENT PLAN WITH PHYSICIAN  

2 = PHARMACOLOGICAL (See FLOW SHEETS)  

3 = EPIDURAL  

4 = PCA (See APS FLOW SHEET)  

5 = NON-PHARMACOLOGICAL  

A. Position Changed  

B. Relaxation Technique  

C. Splinting  

D. Imagery  

E. Music  

F. Education  

G. Other:  

FLACC PAIN SCALE:  

1. Sum of FACE, LEGS, ACTIVITY, CRY & CONSOLABILITY Scores = FLACC Score  

2. Record FLACC Score using the 0-10 VISUAL (NUMERIC) Scale above  

10 9 8 7 6 5 4 3 2 1 0  

FACE Score  

0 = No particular expression or smile  

1 = Occasional grimace or frown, withdrawn, disinterested  

2 = Frequent to constant frown, clenched jaw, quivering chin  

LEG S Score  

0 = Normal position, or relaxed  

1 = Uneasy, restless, tense  

2 = Kicking, or legs drawn up  

ACTIVITY Score  

0 = Lying quietly, normal position, moves easily  

1 = Squirming, shifting back & forth, tense  

2 = Arched, rigid, or jerking  

CRY Score  

0 = No crying (asleep or awake)  

1 = Moans of whimpering, occasional complaint  

2 = Crying steadily, screams or sobs, frequent complaints  

CONSOLABILITY Score  

0 = Content, relaxed  

1 = Reassured by touching, hugging, talking to, distractable  

2 = Difficult to console or comfort
# MATERNAL INFANT HEALTH PAIN MANAGEMENT ADMISSION RECORD

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<th>DATE</th>
<th>TIME</th>
<th>PAIN LOCATION</th>
<th>COMFORT GOAL</th>
<th>SEDATION RATING</th>
<th>PAIN SCORE</th>
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<th>INTERVENTION</th>
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# NURSE'S NOTES

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# PART OF THE MEDICAL RECORD