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ACUTE INTOXICATION and/or WITHDRAWAL

PATIENT IDENTIFICATION

GOAL NO: *Medical Monitoring / Acute Intoxification and or Withdrawal*

DIAGNOSIS:

DESCRIBE BEHAVIORS / CONDITIONS / SITUATIONS NECESSITATING GOAL:

DESCRIBE PATIENT STRENGTHS / NEEDS RELEVANT TO ACHIEVING GOAL:

GOAL: **THE PATIENT / CLIENT WILL SAFELY COMPLETE DETOXIFICATION**
THE PATIENT / CLIENT WILL REPORT NO WITHDRAWAL SYMPTOMS

DATE:

IDENTIFY RESPONSIBLE STAFF:

PHYSICIAN:

ADDICTION COUNSELOR:

NURSE:

CASE MANAGER

OBJECTIVES: Indicate patient outcomes to be achieved during this hospitalization. (Desired behavioral change) instructions: In the REVIEW STATUS / DATE Column, enter date and the appropriate code; **M** = MET; **U** = UNMET; **R** = RESOLVED.

DATE IDENTIFIED	DESIRED BEHAVIORAL CHANGE	TARGET DATE	Review DATE & STATUS	Review DATE & STATUS	METHODS
_____	_____ will report an absence of these withdrawal symptoms: _____ _____ _____				Medicate for symptoms of withdrawal. Monitor & document vital signs as ordered. Monitor lab test results & notify if abnormal, as ordered. Monitor food & fluid intake _____ days.
_____	Patient will maintain electrolyte balance & hydration.				
_____	Patient will improve nutritional status by eating 2-3 meals per day.				
_____	Patient will improve sleep pattern by sleeping a minimum of _____ hours				Monitor sleep pattern _____ nights.
_____	Patient will acknowledge need for total abstinence and the need for continued treatment.				1:1 sessions with patient to determine motivation for continued daily treatment. Identify resources for continued treatment. Educate re: _____ _____ _____

PART OF THE MEDICAL RECORD

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DATE IDENTIFIED	DESIRED BEHAVIORAL CHANGE	TARGET DATE	Review DATE & STATUS	Review DATE & STATUS	METHODS
_____	_____ will state 2 or 3 reason why further drug treatment is necessary.				Daily individual counselor sessions. Utilizing information learned in group sessions daily. Participation in daily leisure activities. Education / re-education on drug addiction daily.
_____	_____ will state 2 effective coping skills used to maintain sobriety.				Daily individual counselor sessions. Utilizing information learned in group sessions daily. Participation in daily leisure activities. Education / re-education on drug addiction daily.
_____	_____ will identify one community resource for support.				Daily individual counselor sessions. Education on community resources. Independent research supported by staff. Case Mgmt assistance if needed.
_____	_____ will formulate his / her all purpose post detox plan with staff.				Case Mgmt assistance if needed. __ Individual sessions w/ counselors __ Utilizing information learned in group sessions __ Family / significant other connection to collaborate, as appropriate __ Court system representative to collaborate during weekly clinical staffing
_____	_____ will identify need for continuing care. Participate in discharge planning & identify resources for continuing care / support.				Identify resources for continued treatment. Educate re: _____ _____ _____ RN will teach importance of medication compliance weekly. Teach problem solving skills in group sessions weekly.
_____	_____ will identify _____ triggers that may lead to relapse. Identify coping skills to prevent relapse.				Teach coping strategies to manage cravings weekly. Conduct 1:1 sessions 2x weekly. Participate in program leisure activities daily.
_____	Verbalize commitment to remain sober. Verbalize & identify coping strategies to manage stressors. Maintain compliance with legal authorities.				Conduct 1:1 sessions. Participate in program group sessions daily. Assist in preparing a continuing care support plan prior to discharge. Teach stress management skills. Collaborate treatment/continuing care with legal representatives.

PART OF THE MEDICAL RECORD