

DISCHARGE DATE:

DISCHARGE SUMMARY  
WILL BE DONE BY:

ATTENDING:

University Hospital cares about your health.  
If you smoke, we strongly urge you to quit. See back for referrals.

**PLEASE BRING THIS FORM WITH YOU TO YOUR DOCTOR'S OFFICE**

**DIAGNOSIS/PROBLEM LIST**

You were in the hospital because:

**MEDICATIONS**

Medication reconciliation form reviewed

Prescriptions given:  Yes  No

**ACTIVITY**

No restrictions  Restricted

Ask your doctor about your exercise program

**DIET**

No restrictions  Restricted

**WOUND CARE**

Keep your incision clean. You may shower and pat the incision dry.

If pain, redness or swelling at your incision site, or if you have a fever greater than 101, call your doctor.

Other:

Education and handouts given:  CHF  AMI  Diabetes  Heart disease  Other:

**Follow up /Tests -to be followed up with your doctor**

Appointments/Follow up	When	Phone Number

Home Care instructions:

Symptoms to report to your physician- decreased activity tolerance, increased shortness of breath, difficulty breathing, chest pain, dizziness, 5lbs weight gain in 1 week, nausea, swelling in feet or legs.

I/We have received these instructions and have been able to ask questions and am/are aware of whom to contact for questions after discharge.

\_\_\_\_\_  
Patient/Individual receiving instructions

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Nurse signature

\_\_\_\_\_  
Date/Time

\_\_\_\_\_  
MD signature

\_\_\_\_\_  
Date/Time

\_\_\_\_\_  
Patient Label

**DISCHARGE INSTRUCTIONS**

## Community Resources

### For Smoking Cessation information:

American Lung Association

202-682-5864

Internet [www.lung.usa.org](http://www.lung.usa.org)

American Diabetes Association

1-800-342-2383

Internet [www.diabetic.org](http://www.diabetic.org)

American Heart Association

1-800-242-8721

Internet [www.americanheart.org](http://www.americanheart.org)

American Cancer Society

1-800-227-2345

Internet [www.cancer.org](http://www.cancer.org)

Aids Info

1-800-448-0440

[www.aidsinfo.nih.gov](http://www.aidsinfo.nih.gov)

Iona Senior Services

202-966-1055

Meals on Wheels

202-724-5626

Local crisis line phone number (1-888-793-4357) and website  
(<http://suicidehotlines.com/distcolum.html>)

National Hope Line Network: 1-800-SUICIDE (1-800-784-2433. TTY:  
1-800-799-4889 - Toll-free in the US, 24 hours per day, 7 days per  
week)