

CO. HOSPITAL HOME HEALTH

Patient Name: _____

Patient ID#: _____

DISCIPLINE	GOALS	REHAB POTENTIAL
HEENT		
_____	Patient will develop effective communication skills.	G F L
_____	Pt. / Significant other will verbalize understanding of aspiration precautions.	G F L
_____	Patient will demonstrate recovery of language.	G F L
CARDIOVASCULAR / PULMONARY		
_____	Optimal tissue perfusion achieved as evidenced by:	G F L
___	adequate kidney function	
___	lack of dyspnea	
___	diminished anginal episodes	
___	adequate peripheral pulses	
_____	Patient recognizes signs and symptoms of cardiac decompensation and appropriate intervention.	G F L
_____	Patient's blood pressure will be within therapeutic range.	G F L
_____	Patient / Significant other verbalizes 3 signs and symptoms of hypertension to report to physician/nurse.	G F L
_____	Patient / Significant other will verbalize signs and symptoms of, and measures to prevent or decrease an excess of fluid volume.	G F L
_____	Patient / Significant other will verbalize safety precautions for oxygen therapy.	G F L
_____	Patient will demonstrate improved oxygenation of tissue.	G F L
_____	Patient's prothrombin time will be within therapeutic range.	G F L
GASTROINTESTINAL		
_____	Patient / Significant other will demonstrate compliance with diet.	G F L
_____	Patient / Significant other will develop a menu within diet restrictions.	G F L
_____	Patient will consume _____ calories per day.	G F L
_____	Patient / Significant other will verbalize signs and symptoms of, and measures to prevent dehydration and electrolyte imbalance.	G F L
_____	Patient / Significant other verbalizes understanding of rationale for feeding tube.	G F L
_____	Patient / Significant other correctly demonstrates procedure for feeding via ___ gastrostomy tube or ___ nasogastric tube.	G F L
_____	Patient / Significant other will verbalize 3 complications that may occur with tube feeding and what action to take if they occur.	G F L
_____	Patient independently cares for ostomy appliance.	G F L
_____	Patient independently performs colostomy irrigation.	G F L
_____	Optimal bowel/urinary pattern will be achieved through compliance with established regimen.	G F L
_____	Patient / Significant other verbalizes signs and symptoms of ___ urinary retention ___ bowel obstruction.	G F L
GENITOURINARY		
_____	Patient / Significant other demonstrates correct procedure for Foley catheter irrigation.	G F L
_____	Patient independently performs self-catherization.	G F L
_____	Patient / Significant other demonstrates ability to perform periurethral care and closed system drainage bag care for indwelling Foley catheter.	G F L
_____	Patient / Significant other understands signs/symptoms of UTI.	G F L
_____	Self Concepts / Self Esteem alterations related to urinary incontinence will improve.	G F L

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DISCIPLINE	GOALS	REHAB POTENTIAL		
SKIN				
_____	Skin integrity will be maintained through compliance with skin care regimen basic principles of skin care.	G	F	L
_____	Patient / Significant other can identify 3 factors that may increase risk for skin breakdown / decreased healing.	G	F	L
_____	Wound will develop healthy granulating tissue.	G	F	L
_____	Wound will heal without complications.	G	F	L
_____	Patient / Significant other recognizes signs and symptoms of wound complications requiring medical attention.	G	F	L
_____	Patient / Significant other will eliminate causative factors of skin breakdown.	G	F	L
NEUROMUSCULAR / SKELETAL				
_____	Patient correctly demonstrates active ROM exercises for affected extremity (_____) with functional limits.	G	F	L
_____	Patient will ambulate independently _____ feet (with assistance of _____).	G	F	L
_____	Patient activity tolerance will improve.	G	F	L
_____	Patient / Significant other will verbalize 3 signs and symptoms of hyperglycemia and hypoglycemia.	G	F	L
_____	Patient / Significant other will demonstrate correct procedure for _____ blood glucose monitoring _____ urine glucose monitoring.	G	F	L
_____	Patient will accept an active role in their own health care regimen.	G	F	L
_____	Patient's optimal health status will be achieved through utilization of informal and formal supports in the home.	G	F	L
_____	Patient verbalizes increased sense of self worth.	G	F	L
_____	Patient's activity limitations or intolerance related to diabetic complications will improve.	G	F	L
ACTIVITIES OF DAILY LIVING				
_____	Patient will independently perform self care activities of: _____ feeding _____ hygiene _____ transfers _____ dressing _____ bed activities	G	F	L
_____	Patient's activities of daily living will be achieved with: _____ minimal; _____ moderate; or _____ maximum assistance.	G	F	L
_____	Patient will function adequately within the limitations of the environment.	G	F	L
KNOWLEDGE DEFICIT				
_____	Patient / Significant other states names of medications, dosages, times of administration, purpose and major side effects.	G	F	L
_____	Patient / Significant other demonstrates compliance with medication regimen.	G	F	L
_____	Therapeutic serum level will be achieved and maintained for: Drug: _____	G	F	L
_____	Patient / Significant other verbalizes knowledge of the methods to alleviate pain.	G	F	L
_____	Patient / Significant other participates in measures to decrease pain.	G	F	L
_____	Patient will have optimal pain relief.	G	F	L
_____	Patient / Significant other verbalizes knowledge of the disease process, individual risk factors and plan of care.	G	F	L