Restraint: Physician Orders
Medical Use

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(Required)

- A written or telephone order must be obtained from the physician, or certified nurse practitioner prior to application or immediately after the initiation of the restraint. The physician must perform a face to face evaluation of the patient within 24 hours of initiation of the restraint.
- A new order must be rewritten by the physician every day, after completing a face to face evaluation of the patient.
- Do not use this form for 4-Point Restraints, leather or soft.
- Upon initiation of restraints, attempt to notify family.

1. Rationale For Restraint:
   - Disruption of care: Removal of drains, lines, tubes
   - Prevention of injury

2. Restraint Type:
   - 4 Side Rails
   - Soft Wrist/Ankle (number applied)
   - Vest
   - Other
   - (3 point maximum allowed)

3. Less restrictive alternatives tried first:
   - Reduced stimuli
   - One-to-one staff/family presence
   - Medication
   - Frequent Toileting
   - Siderails (2-3)
   - Bed Alarms/Bed Check
   - Diversional Activities
   - Hand Muffs
   - Skin Sleeves
   - Freedom Splints
   - Time out in room
   - Other

4. Full names of staff members involved with restraint:

(Number 5 to be completed at the initiation of restraints only, not renewals, unless appropriate)


6. Place order in MediTech

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HOSPITAL
Healthcare System

RESTRAINT ORDERS MEDICAL USE
FORM 1-1016 (rev. 03/06)