**PAIN MANAGEMENT FLOW SHEET**

**PATIENT EDUCATION:**
Purpose of pain scale - to assess / communicate pain
Selection of pain scale □ 0 - 10 □ Faces □ WD
Pt comfort goal selected ___________
Notify staff of poor pain relief

**INITIALS:** ___________

**PATIENT EDUCATION:**
Rationale for PCA
Use of Bolus dose button
Notify Staff of alarm
Notify Staff of motor / sensory loss
(local anesthetics)

**INITIALS:** ___________

**PCA Drug:**
Loading dose: _____ mg, mcg, cc
Concentration: _____ mg/cc
_____ mcg/cc
_____ %

**PCA dose:**
_____ mg, mcg, cc
Lockout: _____ minutes
1 hour limit: _____ mg, mcg, cc
4 hour limit: _____ mg, mcg, cc
Continuous rate: _____ mg/hr, mcg/hr

**PAIN REASSSESSMENT GUIDELINES:**
- IV - PCA: Document pain, sedation assessment and PR every 2 hours on even hour.
- EPI DURAL PCA: Document pain, BP, P and sedation level every 4 hours. Document motor and sensory levels every 4 hours if receiving local anesthetics.
- 0600 _____ 1000 _____ 1400 _____ 1800 _____ 2200 _____ 2600 _____ 3000 _____ 3400 _____ 3800 _____ 4200 _____

**SIDE EFFECTS**
- N - Nausea
- P - Priitus
- CS - Constipation
- CNF - Confusion
- R - Urinary Retention
- RD - Respiratory Depression
- V - Vomiting

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**3. SEDATION LEGEND (RAMSEY SCALE)**
1. Patient anxious, agitated or restless.
2. Patient cooperative, oriented and tranquil.
3. Patient responds to vocal commands only.
5. Patient asleep. Does not respond to gentle shaking or loud stimulus, but responds to pain.
6. Patient un arousable. Does not respond to pain or noxious stimulus.

**NON-PHARMACOLOGICAL MEASURES**
- Ice / Heat
- TV / Radio / Read
- Family Vists
- Position / Elevate
- Splinting
- Emol, Support
- Massage
- Guided Imagery

**SENSORY LEGEND:**
- Full sensation
- Tingling of lower extremities
- Numbness of lower extremities
- Numbness above umbilicus
- Numbness above stiplid

**Epidural PCA:** Call Acute Pain Service / Anesthesia for any questions or information.
**Non-PCA:** Document pain assessment every shift and as needed.

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**PAIN REASSSESSMENT**

**Drug / Dose / Route**

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**IV PCA:** Clear the history at the end of shift (1800 - 0600) to allow a new medication record for the next shift.

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**PAIN MANAGEMENT FLOW SHEET**

(COMMENT SECTION ON BACK)