

Date: \_\_\_\_\_ Time: \_\_\_\_\_

**SECTION 1: GENERAL APPEARANCE (RN)**

**General Appearance**

Groomed  Unkept  Unexplained Bruises/Trauma<sup>1,14</sup>

Tongue:  Moist  Dry  Open/Cracked  Lesions

Lips:  Moist  Dry  Open/Cracked  Lesions

Dental Status:  WNL Problems: \_\_\_\_\_  No Problems Noted

**Skin**

Warm  Moist  Cool  Reddened Areas

Cold  Rash/Lesions  Hot  Scaly/Peeling

Clammy  Itching  Dry Describe: \_\_\_\_\_

**PRESSURE ULCER RISK ASSESSMENT AND INTERVENTIONS ON FLOWSHEET NOTE.**

Initiated:  Yes  No

**Psychosocial/Emotional**

Calm/Cooperative  Depressed<sup>1,14</sup>  Mental Impairment<sup>1</sup>  Stressed with Impact of Illness<sup>1,14</sup>

Agitated/Restless  Anxiety Present<sup>1</sup>  Spiritual Concern<sup>14</sup>  Suicide Attempt/Drug Overdose<sup>1</sup>

Wandering  Uncooperative  Hallucinations<sup>1</sup>  No Problems Noted

**SECTION 2: PAIN (RN)**

**Pain:**  Yes  No Location: \_\_\_\_\_ Duration: \_\_\_\_\_

Type:  Sharp  Dull  Aching  Constant  Intermittent  Radiates

Acute  Chronic/Uncontrolled<sup>6,10</sup>  Other: \_\_\_\_\_ Type: \_\_\_\_\_

Rate (0 - 10 Scale): (None) 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10 (Worse) Pain Rating, >5<sup>6</sup>

What Aggravates?: \_\_\_\_\_

What Alleviates?: \_\_\_\_\_

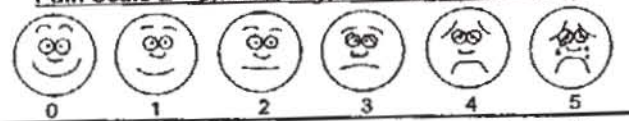
Worse in:  AM  PM  Other  No Problems Noted

**Pain Scale A - Infants up to +/- 3 years of age**

Behavior	0	1	2
Crying	No	High Pitched	Inconsolable
Consolability	Calm before 1 minute	Quiet after 1 minute or effort	None after 2 minutes
Increased V.S.	HR & BP within 10% of baseline	HR & BP 11-20% > baseline	HR & BP 21% or > baseline
Expression	Calm	Grimace	Grimace/grunt constant
Sleepless	No	Wakes frequently	Constantly awake

**\*\*A score of 4 or greater indicates pain and requires intervention\*\***

**Pain Scale B - Children Ages +/- 3 to 8 years of age**



**Pain Scale C - Patient's perception ages 8 to Adult**

0 = No pain

1-3 = Slight discomfort, moves without help

4-5 = Medium discomfort, hesitant movement

7-9 = Severe pain, strained expression, will not move

10 = Very severe pain, writhing or sweating, HR, BP

**SECTION 3: PATIENT EDUCATION (RN)**

**Learning Barriers**

Speech  Language

Hearing  Emotional

Cognitive  Anxiety  mild  mod  severe

Poor Motivation  Memory Loss

Difficulty With Reading  No Participating Care Givers

Impaired Vision  Physiologically Unable To Learn

No Barriers Noted

**Learning Style: (what/how patient likes to learn?)**

Reading  Pictures

Listening  Demonstration

Educational Level: \_\_\_\_\_

**Potential Learning Needs**

Disease Process  Treatment/Procedures

Medications  Nutrition  Other: \_\_\_\_\_

**Schmid Fall Risk Tool**

Directions: Score each of the 5 areas relating to patient's current status. Total score at the bottom

**Score only one item in each of the 5 categories**

**Mobility (observation preferable to patient self report)**

(0 points) Ambulates with no gait disturbance

(1 point) Ambulates or transfers with assistance (includes use of furniture or people for support or balance)

(1 point) Ambulates with unsteady gait and no assistance

(0 points) Unable to ambulate or transfer

**Mentation**

(0 points) Alert, oriented x 3

(1 point) Periodic confusion (includes self report of memory problems)

(1 point) Confusion at all time

(1 point) Comatose / unresponsive

**Elimination**

(0 points) Independent in elimination

(1 point) Independent with frequency or diarrhea

(1 point) Needs assistance with toileting

(1 point) Incontinence (includes Foley catheter)

**Prior Fall History (question patient and/or family)**

(1 point) Yes - before admission in last year (home or previous inpatient care)

(2 points) Yes - during this admission Date: \_\_\_\_\_

(0 points) No

(0 points) Unknown

**Current medications**

(1 point) Anticonvulsions/tranquillizers or psychotropics/hypnotics

**Total Points**

Score of 3 or above: patient is at high risk for falls

**\*\*\*IMPLEMENT HIGH RISK FALL PREVENTION INTERVENTIONS\*\*\***

Yes \_\_\_ No \_\_\_ **Impaired Judgement / lack of safety awareness** - needs assistance to transfer to get out of bed but still reports independence; needs walker or cane/ crutches to ambulate but continues to use furniture to stabilize.

If marked Yes patient is at high risk for falls

**\*\*\*IMPLEMENT HIGH RISK FALL PREVENTION INTERVENTIONS\*\*\***

**SECTION 4: NURSING PROCESS (RN)**

Patient Problem Statement Identified: \_\_\_\_\_

Clinical Pathway(s): \_\_\_\_\_

RN Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

Patient Identification



**RESPIRATORY**

Chest Tubes  
 Aspiration Risks<sup>9</sup>  
 Productive Cough<sup>3</sup> Secretions: \_\_\_\_\_  
 Mechanical Ventilation<sup>2,3</sup>  
 Congestion<sup>3</sup>  
 Tracheostomy<sup>3</sup>  
**Respirations:**  
 Regular  
 Irregular  
 Shallow  
 Labored/SOB<sup>3</sup>  
 Hyperventilation  
 (↑ rate and ↑ depth)  
 Cheyne Stokes  
 Other \_\_\_\_\_  No Problems Noted  
**Breath Sounds:**  
 Clear  L  R  
 Rales/Crackles  L  R  
 Wheezes<sup>3</sup>  L  R  
 Decreased  L  R  
 Absents  L  R

**GASTROINTESTINAL**

**Abdomen:**  Flat  Distended  Large  Tender  
 Soft  Firm  Rigid  
**Bowel Sounds:**  Normal  Hypo  Hyper  Absent  
**Ostomy<sup>5</sup>:**  Colostomy  Ileostomy  
 Jejunostomy  Stents  
**Feeding Tube<sup>2</sup>:**  NG  G-Tube/J-Tube  
 Nausea  Dysphagias  
 Vomiting  Difficulty Chewing  
 Constipation  Acute  Chronic  
 Diarrhea > 5 days  No Problems Noted

**REPRODUCTIVE**

Itching  Bleeding  LNMP: \_\_\_\_\_  
 Pregnant \_\_\_\_\_ Weeks  Uterine Contractions  
 Fetal Heart Tone:  Yes  No Rate: \_\_\_\_\_  
 Currently Breast Feeding<sup>10</sup>  
 Post Menopausal  Hysterectomy  N/A  No Problems Noted

**Pap Smear:**  Request Form Completed  
 If Desired, Attending Physician/PA Notified?  yes  no

**CARDIOVASCULAR:**  Chest Pain  Jugular Vein Distension

**Heart Sounds:**  Regular  Irregular  Murmur  S3  S4  
**Pulses:** **Radial**  L  R **Pedal**  L  R **Post Tibial**  L  R  
 Absent  L  R  L  R  L  R  
 Doppler  L  R  L  R  L  R  
 Intermittent 1+  L  R  L  R  L  R  
 Normal 2+  L  R  L  R  L  R  
 Full 3+  L  R  L  R  L  R  
 Bounding 4+  L  R  L  R  L  R  
**Color:**  Normal  Flushed  Pale  Cyanotic  Jaundiced  
**IV Ports:**  Yes<sup>13</sup>  No Type: \_\_\_\_\_  
 Location: \_\_\_\_\_  
**Edema:** Location: \_\_\_\_\_  
**IV Sites:** Peripheral: \_\_\_\_\_  
 Central: \_\_\_\_\_  No Problems Noted

**Genital/Urinary**

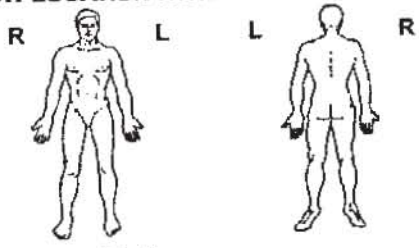
Voids on Own  Frequency  Urgency  
 Burning on Urination  Incontinence  Odor  Color  
 Foley Date Inserted: \_\_\_\_\_ Size: \_\_\_\_\_  
**Dialysis Access:** Type: \_\_\_\_\_  
 Location: \_\_\_\_\_  
 Thrill:  Strong  Weak  Absent  
 Bruit:  Strong  Weak  Absent  
**Ostomy<sup>5</sup>:**  Urostomy  Nephrostomy  No Problems Noted

**NEUROLOGICAL:**

**Consciousness:**  Alert  Lethargic  Comatose  Confused  
**Orientation:**  Person  Place  Time  No Response  
**Tingling/Numbness/Weakness**  Right Arm  Left Arm  Right Leg  Left Leg  
 Moves All Extremities  
 Other \_\_\_\_\_  
 Neurological Assessment Initiated  No Problems Noted

WOUNDS	Location (Number)																				
	Size (cm)	Length																			
		Width																			
		Depth																			
	Level																				
	Appearance																				
	Drainage																				
	Dressing																				
Pressure Relief																					

**SHOW LOCATION WITH NUMBER**



No Wounds Noted

**Note:** ALL dressings must be removed and wounds completely assessed.  
 ALL Pressure Wounds, including Stage I, are to be documented.  
**Drainage:** S = serous SS = sero-sanguinous BL = bloody P = purulent  
 O = odorous D = dry  
**Dressing:** C = cream G = gauze F = Film HC = hydrocolloid  
 H = hydrogel A = alginates FO = foam O = other

**Pressure Relief:** H = heels↑ SC = seat cushion HC = head cushion  
 A = air overlay SB = special order surface/bed  
**Level:** Partial Thickness > Stage I, Stage II  
 Full Thickness > Stage III, Stage IV  
**Appearance:** I = intact E = erythema R = red/granulation  
 Y = yellow/slough B = black/necrosis ES = eschar

SECTION 5: REFERRALS (RN) **Obtain Physician's Order for Consultation		ORDER #	Init
<input type="checkbox"/> No Referrals Noted			
<input type="checkbox"/> 1. Case Management/Psych			
<input type="checkbox"/> 2. Nutritional Services			
<input type="checkbox"/> 3. Respiratory			
<input type="checkbox"/> 4. ** Rehab Medicine / OT			
<input type="checkbox"/> 5. ** ET/Wound Management			
<input type="checkbox"/> 6. Pain Management			
<input type="checkbox"/> 7. Diabetes			
<input type="checkbox"/> 8. Cardiology			
<input type="checkbox"/> 9.** Speech Therapy			
<input type="checkbox"/> 10. Lactation Consultant			
<input type="checkbox"/> 11. Clinical Pharm.			
<input type="checkbox"/> 12. IV Therapy			
<input type="checkbox"/> 13. Patient Relations			
<input type="checkbox"/> 14. Pastoral Care			
<input type="checkbox"/> 15. Cultural Liaison			

**RN SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_ **TIME:** \_\_\_\_\_