

# COUNTY HOSPITAL HOME HEALTH

GOALS	GOALS MET?		
	YES	NO	N/A
<b>HEENT</b>			
1. Patient will develop effective communication skills.			
2. Patient / Significant other will verbalize understanding of aspiration precautions.			
3. Patient will demonstrate recovery of language.			
<b>CARDIOVASCULAR / PULMONARY</b>			
1. Optimal tissue perfusion achieved as evidenced by:			
adequate kidney function			
lack of dyspnea			
diminished anginal episodes			
adequate peripheral pulses			
2. Patient recognizes signs and symptoms of cardiac decompensation and appropriate intervention.			
3. Patient's blood pressure will be within therapeutic range.			
4. Patient / Significant other verbalizes 3 signs and symptoms of hypertension to report to physician / nurse.			
5. Patient / Significant other will verbalize signs and symptoms of, and measures to prevent or decrease an excess fluid volume.			
6. Patient / Significant other will verbalize safety precautions for oxygen tx.			
7. Patient will demonstrate improved oxygenation of tissue.			
8. Patient's prothrombin time will be within therapeutic range.			
<b>GASTROINTESTINAL</b>			
1. Patient / Significant other will demonstrate compliance with diet.			
2. Patient / Significant other will develop a menu within diet restrictions.			
3. Patient will consume _____ calories per day.			
4. Patient / Significant other will verbalize signs and symptoms of, and measures to prevent dehydration and electrolyte imbalance.			
5. Patient / Significant other verbalizes understanding of rationale for feeding tube.			
6. Patient / Significant other correctly demonstrates procedure for feeding via _____ gastrostomy tube or _____ nasogastric tube.			
7. Patient / Significant other will verbalize 3 complications that may occur with tube feeding and what action to take if they occur.			
8. Patient independently cares for ostomy appliance.			
9. Patient independently performs colostomy irrigation.			
10. Optimal bowel / urinary pattern will be achieved through compliance with established pattern.			
11. Patient / Significant other verbalizes signs and symptoms of _____ urinary retention _____ bowel obstruction.			
<b>GENITOURINARY</b>			
1. Patient / Significant other demonstrates correct procedure for Foley catheter irrigation.			
2. Patient independently performs self-catheterization.			
3. Patient / Significant other demonstrates ability to perform periurethral care and closed system drainage bag care for indwelling Foley catheter.			
4. Patient / Significant other understands signs / symptoms of UTI.			
5. Self Concepts / Self Esteem alterations related to urinary incontinence will improve.			
<b>SKIN</b>			
1. Skin integrity will be maintained through compliance with skin care regimen basic principles of skin care.			
2. Patient / Significant other can identify 3 factors that may increase risk for skin breakdown / decreased healing.			
3. Wound will develop healthy granulating tissue.			
4. Wound will heal without complications.			
5. Patient / Significant other recognizes signs and symptoms of wound complications requiring medical attention.			
6. Patient / Significant other will eliminate causative factors of skin breakdown.			
<b>NEUROMUSCULAR / SKELETAL</b>			
1. Patient correctly demonstrates active-ROM exercises for affected extremity ( _____ ) with functional limits.			
2. Patient will ambulate independently _____ feet (with assistance of _____ )			

GOALS	GOALS MET?		
	YES	NO	N/A
<b>NEUROMUSCULAR / SKELETAL (CONT.)</b>			
3. Patient activity tolerance will improve.			
4. Patient / Significant other will verbalize 3 signs and symptoms of hyperglycemia and hypoglycemia.			
5. Patient / Significant other will demonstrate correct procedure for _____ blood glucose monitoring _____ urine glucose monitoring.			
6. Patient will accept an active role in their own health care regimen.			
7. Patient's optimal health status will be achieved through utilization of informal and formal supports in the home.			
8. Patient verbalizes increased sense of self worth.			
9. Patient's activity limitations or intolerance related to diabetic complications will improve.			
<b>ACTIVITIES OF DAILY LIVING</b>			
1. Patient will independently perform self care activities of:			
feeding			
hygiene			
transfers			
dressing			
bed activities			
2. Patient's activities of daily living will be achieved with: _____ minimal moderate; or _____ maximum assistance.			
3. Patient will function adequately within the limitations of the environment.			
<b>KNOWLEDGE DEFICIT</b>			
1. Patient / Significant other states names of medications, dosages, times of administration, purpose and major side effects.			
2. Patient / Significant other demonstrates compliance with medication regimen.			
3. Therapeutic serum level will be achieved and maintained for: _____ (Drug)			
4. Patient / Significant other verbalizes knowledge of the methods to alleviate pain.			
5. Patient / Significant other participates in measures to decrease pain.			
6. Patient will have optimal pain relief.			
7. Patient / Significant other verbalizes knowledge of the disease process, individual risk factors and plan of care.			
8. Patient / Significant other will demonstrate measures to reduce or eliminate risk factor to protect patient from injury.			
9. Patient / Significant other will verbalize 3 signs and symptoms of hypoxia.			
10. Patient / Significant other will verbalize knowledge of how to access available community support systems.			
11. Patient / Significant other will correctly demonstrate home maintenance exercise program.			
<b>IV THERAPY</b>			
1. Patient will recognize complications of IV therapy.			
2. Patient will verbalize understanding of need for IV therapy.			
3. Patient will verbalize reasons for notifying nurse or calling 911 while receiving IV therapy.			
4. Patient will verbalize understanding of IV therapy equipment maintenance and operation.			
5. Patient will verbalize signs and symptoms of infection related to IV therapy.			
<b>MISCELLANEOUS</b>			
1. Patient / Significant other identifies complications of disease process to report to nurse / physician.			
2. Patient / Significant other verbalizes when to call 911 for help.			
3. Patient / Significant other demonstrates correct use of equipment and home safety precautions.			
4. Patient will have positive coping mechanisms to improve body image adaptation.			
5. Patient will develop coping skills to deal with disease process.			
6. Patient will identify ways to deal more effectively with depression.			
7. Patient will identify ways to deal more effectively with anxiety.			
8. The patient will remain as functionally useful and productive as possible through restoring and preserving of motor and sensory functions.			