

CHF INTERDISCIPLINARY PATIENT EDUCATION & PLAN OF CARE

PATIENT IDENTIFICATION

SPECIAL LEARNING NEEDS: Language Barrier Emotional State Cultural / Religious Differences
 Hearing / Visual Impairments Ability to Comprehend None

EDUCATION GOALS:
 Patient will be prepared for the following level of self-care: Minimal Moderate High

Patient will describe his / her disease process: (State diagnosis) _____

Patient Teaching Manual issued: Yes No

Plan of care discussed with patient: Yes No with family: Yes No _____ Initial / Date

Learning Needs	Knowledge Level *	CONTENT / FOCUS	Method ***	Response ****	Date / Dept Initial	Need Met Date / Init'l
1. Admit Orientation		A. Call light, bed controls, telephone, bathroom, meal times, no smoking policy, personal hygiene (including oral), valuables B. Patient Rights (see board): >> right to choose medical treatment >> right to make decisions about their care >> right to expect confidentiality & privacy C. Patient Responsibilities: >> providing accurate history >> treatment compliance >> accepting non-compliance responsibility >> asking Tx & Rehab Plan questions >> understanding financial obligation				
2. Disease / Condition		What is Congestive Heart Failure (CHF)?, Reason for Admission, Signs/Symptoms and Treatments, * Falls Precautions				
3. Medications		A. Currently ordered medications including dosages, administration time, and actions <input type="checkbox"/> IV Lasix <input type="checkbox"/> IV Bumetanide (Bumex) <input type="checkbox"/> Zaroxolyn <input type="checkbox"/> Aldactone <input type="checkbox"/> Administer Natreacor per protocol <input type="checkbox"/> Beta Blocker <input type="checkbox"/> Ace Inhibitor <input type="checkbox"/> SQ Heparin <input type="checkbox"/> Digoxin <input type="checkbox"/> Potassium Supplement <input type="checkbox"/> Nitrates				

*** CODE FOR KNOWLEDGE LEVEL**

G = Good
 F = Fair
 P = Poor

***** CODE FOR METHOD**

V = Video
 R = Role Play
 E = Explain
 D = Demonstration
 H = Handout / Manual
 TV = Closed Circuit
 P = Poster / Flip Chart

****** RESPONSE CODES**

PT = PATIENT TAUGHT
 FT = FAMILY TAUGHT

1. Poor Attention Span
2. Refusal
3. Asked Questions
4. Partial Comprehension

5. Verbalized Recall of New Knowledge
6. Demonstrated Ability / Recall
7. Anxious
8. Needs Follow-Up Reinforcement

PART OF THE MEDICAL RECORD

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3. Medications (Continued)		For 2-S, 6-S & ICU: 400 mg Dopamine in 250 ml D5 W 500 mg Dobutamine in 250 ml D5 W				
		C. Discharge Medication Review				
		D. Other: <input type="checkbox"/> Natrecor <input type="checkbox"/> Inotropes <input type="checkbox"/> Aspirin <input type="checkbox"/> Aldosterone				
4. Activity		<input type="checkbox"/> OOB as tolerated <input type="checkbox"/> Participates with ADL's <input type="checkbox"/> Ambulate in Hall as tolerated (Day 3 & 4)				
5. Nutrition		<input type="checkbox"/> Nutritional Assessment / Screening <input type="checkbox"/> Restricted Fluids as ordered <input type="checkbox"/> 2gm Na Diet				
		<input type="checkbox"/> Instruction & Diet Principles as needed				
6. Treatments / Safe use of Equipment		<input type="checkbox"/> Admission Weight before Dieuretic Therapy, then <input type="checkbox"/> Daily Weights				
		<input type="checkbox"/> Ox by Nasal Cannula as indicated				
		<input type="checkbox"/> Breath sound auscultation q 4 Hrs				
		<input type="checkbox"/> Cardiac Auscultation				
		<input type="checkbox"/> Accurate I & O				
		<input type="checkbox"/> Peripheral Edema				
		If Indicated: <input type="checkbox"/> Cardiac Monitoring (if Pt presents with Chest Pain or unexplained CHF) <input type="checkbox"/> Foley Catheter				
7. Pain Management		A. Patient Rights & Responsibilities for Pain Management				
		B. Brochure given / content discussed				
		C. Pain Scale explained				
		D. Relief Measures discussed				
8. Discharge		A. Follow-up Visits with Physician discussed				
		B. Social Service / Community Referrals / Home Health Referrals				
		C. Equipment				

PART OF THE MEDICAL RECORD

Your
Hospital's
Logo
Here

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Initial	Clinician's Signature / Title			Date	Initial	Clinician's Signature / Title		Date

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